

# Noah Foot and Ankle Center, PLLC

## DEMOGRAPHICS & PRIMARY COMPLAINT

**It is a requirement of the federal government that this information be collected on each new patient & updated yearly for existing patients. Thank you for your cooperation, Dr. Noah and Staff**

### Demographic Information:

Patient Name \_\_\_\_\_ DOB \_\_\_\_\_ Sex: F M  
                    First                                    Middle                                    Last

Current Occupation: \_\_\_\_\_ Hours per shift on your feet: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Preferred Phone: Home / Cell

Email Address \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Race: White / Native American / Asian / Black/African American / Native Hawaiian/Other Pacific Islander / Other  
Ethnicity: Not Hispanic or Latino / Hispanic or Latino Primary Language: \_\_\_\_\_

**Were you referred to our office? Yes / No If yes please tell us how:** \_\_\_\_\_

Receive alerts, reminders, or messages through: Text / Email / Phone Call / None

**\*\*If you do not confirm either your text or email reminder, you will receive a reminder phone call the day before your scheduled appointment. \*\***

### Emergency Contact Information:

Name \_\_\_\_\_ Relation to Patient \_\_\_\_\_ Phone \_\_\_\_\_

Parent or Legal Guardian/Representative Information (if applicable)

Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### Insurance Information:

We will take physical copies of your insurance cards to keep on file.

**\*If the primary policy holder is someone other than yourself, please provide the following:**

Policy Holder Name \_\_\_\_\_ Relation to Patient \_\_\_\_\_

Policy Holder DOB \_\_\_\_\_ Policy Holder Social Sec # \_\_\_\_\_

### Primary Complaint:

**What is your Primary foot complaint today?** \_\_\_\_\_

**This problem started:** \_\_\_\_\_ Days / Weeks / Months / Years Ago **The problem is:** Better / Worse / Unchanged

**Does this affect your ability to walk?** Yes No **Does this affect your ability to exercise?** Yes No

**Was this a result of trauma?** Yes No **Was this a job-related injury?** Yes No

\*If this was the result of an injury, please note when the injury occurred \_\_\_\_\_

**How would you describe your pain?** (Circle all that apply)

Generalized Localized Throbbing Radiating Burning Numbness Dull Ache Sharp Ache Other

**Rate the Severity of your pain:** 1 2 3 4 5 6 7 8 9 10 (most severe)

**What treatments have you tried for this problem?** \_\_\_\_\_

**Do you have any other foot problems?** \_\_\_\_\_

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## PRIMARY COMPLAINT & MEDICAL HISTORY

**Primary Complaint Continued:**

**Review of Systems:** Please circle any symptoms that you are experiencing TODAY:

<b>Constitutional</b>	Fever/Chills	Decline in Health	Weight Loss / Gain	Weakness	Fatigue	None
<b>Head</b>	Dizziness	Fainting	Headaches	Head Injury	Sweats	Pain
<b>Eyes</b>	Blurry / Double Vision	Cataracts	Glaucoma	Vision Loss	Discharge	Infections Glasses
<b>Respiratory</b>	Asthma	Sputum	Cough	Shortness of Breath	Wheezing	None
<b>Cardiovascular</b>	Chest Pain	Palpitations	Heart Murmur	High Blood Pressure	Cold Fingers/Toes	Swelling of Legs
<b>Gastrointestinal</b>	Stomach Pain	Nausea	Vomiting	Diarrhea	Constipation	Heartburn
<b>Musculoskeletal</b>	Arthritis	Gout	Muscle Stiffness/Cramps	Joint Pain/Stiffness	Weakness	Back Pain
<b>Psychiatric</b>	Disturbing Thoughts	Excessive Stress	Nervousness	Mood/Behavioral Changes	Disorientation	None
<b>Skin</b>	Rash	Eczema	Lumps	Dryness	Itching	Skin Color Changes Easy Bruising
<b>Neurological</b>	Numbness in Feet	Tingling / Burning	Memory Loss	Tremors	Strokes	Unsteady Gait
<b>Endocrine</b>	Neck Pain	Thyroid Problems	Cold/Heat Intolerance	Increased Thirst	Excessive Urination	None

**Medical History:**

Have you seen another podiatrist in the last 60 days? Yes / No If you circled yes, please note the date \_\_\_\_\_

Current: Weight \_\_\_\_\_ Height \_\_\_\_\_ Shoe Size \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Practice \_\_\_\_\_ Date last seen \_\_\_\_\_

Are you currently pregnant or breast feeding? Yes / No

**\*Please Note: We may take X-Rays/Photos during your visit, so please inform us if there is a chance you may be pregnant. Also, medications we may prescribe (i.e., antibiotics) could change the effectiveness of birth control medications. \***

**Immunizations:**

Have you had a Flu Vaccine this flu season? Yes / No If you circled yes, please note the date \_\_\_\_\_

Have you had a Pneumonia Vaccine? Yes / No If you circled yes, please note the date \_\_\_\_\_

Have you had a Covid-19 Vaccine? Yes / No If you circled yes, please note the date(s) \_\_\_\_\_ / \_\_\_\_\_

**Diabetic History:**

Are you Diabetic? Yes / No If yes, date you were diagnosed \_\_\_\_\_ Type 1 or Type 2

Do you use insulin? Yes / No What was your last A1C reading? \_\_\_\_\_ Date \_\_\_\_\_

**Medication Information:**

Preferred Pharmacy: \_\_\_\_\_ Location: \_\_\_\_\_

Are you currently on blood thinners? Yes / No If yes list prescription: \_\_\_\_\_

**\*Please list all medications you are currently taking and the dosage (If you have a current list, we can make a copy.)**

(This includes aspirin, birth control pills, over the counter medications and supplements, both vitamin and herbal)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Allergies:** (please check all that apply & list any additional in the appropriate space)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Adhesives / Tape           | <input type="checkbox"/> Nickel / Metal Jewelry | Other Known allergies: _____           |
| <input type="checkbox"/> Eggs                       | <input type="checkbox"/> Penicillin             | _____                                  |
| <input type="checkbox"/> Iodine                     | <input type="checkbox"/> Shellfish              | Please list any reaction you may have: |
| <input type="checkbox"/> Latex                      | <input type="checkbox"/> Sulfa Drugs            | _____                                  |
| <input type="checkbox"/> NSAIDS/Anti-Inflammatories | <input type="checkbox"/> X-Ray Dye              | _____                                  |

**Social History:** (Please circle the appropriate response for each)

- |                                     |                |                    |               |
|-------------------------------------|----------------|--------------------|---------------|
| <b>Smoking Status:</b> Never Smoked | Former Smoker  | Occasional Smoker  | Daily Smoker  |
| <b>Alcohol Use:</b> Non-drinker     | Social Drinker | Occasional Drinker | Daily Drinker |
| <b>Illicit Drug Use:</b> Never Used | Former User    | Current User       |               |

# Noah Foot and Ankle Center, PLLC

## MEDICAL HISTORY CONTINUED

**Medical History:** If you have had or currently have any of the following, please check all that apply.

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Alzheimer's Disease           | <input type="checkbox"/> Cyst(s) If yes Type?<br>_____ | <input type="checkbox"/> Kidney Disease            |
| <input type="checkbox"/> Amputation                    | <input type="checkbox"/> Cystic Fibrosis               | <input type="checkbox"/> Kidney Stone              |
| <input type="checkbox"/> Anaphylactic Reaction         | <input type="checkbox"/> Dementia                      | <input type="checkbox"/> Large Scars / Keloids     |
| <input type="checkbox"/> Anemia                        | <input type="checkbox"/> Depression                    | <input type="checkbox"/> Liver Disease / Condition |
| <input type="checkbox"/> Anesthesia Reaction           | <input type="checkbox"/> Dermatitis                    | <input type="checkbox"/> Melanoma                  |
| <input type="checkbox"/> Anxiety Disorder              | <input type="checkbox"/> Diabetes                      | <input type="checkbox"/> Memory Loss               |
| <input type="checkbox"/> Arthritis                     | <input type="checkbox"/> Epilepsy                      | <input type="checkbox"/> Menopause                 |
| <input type="checkbox"/> Rheumatoid Arthritis          | <input type="checkbox"/> Fibromyalgia                  | <input type="checkbox"/> Mitral Valve Prolapse     |
| <input type="checkbox"/> Asthma                        | <input type="checkbox"/> GERD                          | <input type="checkbox"/> Neuropathy                |
| <input type="checkbox"/> Back Pain                     | <input type="checkbox"/> Glaucoma                      | <input type="checkbox"/> Osteopenia                |
| <input type="checkbox"/> Benign Prostatic Hyperplasia  | <input type="checkbox"/> Gout                          | <input type="checkbox"/> Osteoporosis              |
| <input type="checkbox"/> Birth Control Use             | <input type="checkbox"/> Heart Attack                  | <input type="checkbox"/> Pacemaker                 |
| <input type="checkbox"/> Blood Clot History            | <input type="checkbox"/> Heart Disease                 | <input type="checkbox"/> Pneumonia                 |
| <input type="checkbox"/> Breast Cancer                 | <input type="checkbox"/> Heartburn                     | <input type="checkbox"/> Psoriasis                 |
| <input type="checkbox"/> Broken Bone (location)        | <input type="checkbox"/> Hepatitis                     | <input type="checkbox"/> Pulmonary Embolism        |
| <input type="checkbox"/> Cancer                        | <input type="checkbox"/> HIV / AIDS                    | <input type="checkbox"/> Reflux                    |
| <input type="checkbox"/> Chemical Addiction            | <input type="checkbox"/> High Blood Pressure           | <input type="checkbox"/> Seizure Disorder          |
| <input type="checkbox"/> Circulation Problems          | <input type="checkbox"/> High Cholesterol              | <input type="checkbox"/> Skin Ulcer(s)             |
| <input type="checkbox"/> Clostridium Difficile Colitis | <input type="checkbox"/> Hyperthyroidism               | <input type="checkbox"/> Sleep Apnea / CPAP        |
| <input type="checkbox"/> Congestive Heart Failure      | <input type="checkbox"/> Hypothyroidism                | <input type="checkbox"/> Stomach Ulcer(s)          |
| <input type="checkbox"/> Coronary Artery Disease       | <input type="checkbox"/> Irritable Bowel Syndrome      | <input type="checkbox"/> Stroke (CVA / TIA)        |
| <input type="checkbox"/> COPD / Emphysema              |  | <input type="checkbox"/> Traumatic Brain Injury    |
|  |  | <input type="checkbox"/> Tuberculosis              |

**Surgical History:** Please list any previous surgeries & any important details.

**Family History:** Please check all that apply.

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Alcoholism               | <input type="checkbox"/> Cancer               | <input type="checkbox"/> Liver Disease/Problems      |
| <input type="checkbox"/> Alzheimer's Disease      | <input type="checkbox"/> Dementia             | <input type="checkbox"/> Lupus                       |
| <input type="checkbox"/> Anxiety                  | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Malignant Melanoma          |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Glaucoma             | <input type="checkbox"/> Neurologic Disease          |
| <input type="checkbox"/> Autoimmune Disease       | <input type="checkbox"/> Heart Disease        | <input type="checkbox"/> Peripheral Vascular Disease |
| <input type="checkbox"/> Bleeding Disorders       | <input type="checkbox"/> Other Heart Problems | <input type="checkbox"/> Pulmonary Embolism          |
| <input type="checkbox"/> Blood Clot(s)            | <input type="checkbox"/> High Blood Pressure  | <input type="checkbox"/> Rheumatoid Arthritis        |
| <input type="checkbox"/> Breast Cancer            | <input type="checkbox"/> High Cholesterol     | <input type="checkbox"/> Stroke                      |
| <input type="checkbox"/> Bunions/Foot Deformities | <input type="checkbox"/> Kidney Disease       | <input type="checkbox"/> Thyroid Disease             |

Other: \_\_\_\_\_

**\*Informed Consent:** I understand that all specimens/cultures collected in accordance with my treatment will be sent to pathology and I am responsible for any fees associated with those services. I give my permission to the doctor to administer and perform such procedures as may be deemed necessary in the diagnoses and/or treatment of my feet. I understand that the completeness and accuracy of this information is critical to receiving safe and effective medical care. I have completed this form to the best of my ability; therefore, I certify that the above information is true and correct to the best of my knowledge. If you would like a copy of your continued care document from today, please notify the front desk. There is a three-day minimum turn around and there may be a fee associated with this request.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or Legal Guardian if Patient is a Minor)

# Noah Foot and Ankle Center, PLLC

## HIPAA

### Release of Protected Health Information (Information may be released to the following individual(s)):

Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_ Phone \_\_\_\_\_

I **authorize** limited confidential medical voice messages to be left on my preferred contact information

### PATIENT AGREEMENT AND AUTHORIZATION FOR MEDICAL TREATMENT

**Patient Name:** \_\_\_\_\_ **D.O.B.** \_\_\_\_\_

Office, Practice/Clinic personnel at this facility are hereby authorized to administer any medical, diagnostic or therapeutic treatment, as may be deemed necessary or advisable. I have the right to consent or refuse consent, to any proposed procedure or therapeutic course, absent emergency or extraordinary circumstances.

### BENEFITS TO PHYSICIAN & ASSIGNMENT OF BENEFITS:

I hereby authorize payment directly to the physician of the surgical and/or medical benefits. I understand my insurance policy is a contract between me and my insurance company and it is my responsibility to verify benefits and coverage. I accept financial responsibility at **time of service** for payment of any deductible, co-insurance, and other balances not paid by my insurance company. I also agree that physician benefits otherwise payable to the insured are to be made payable to the physician responsible for my care. Any payment received for this period may be applied to any unpaid bills for which I am liable, subject to the rules of coordination of benefits. Refusal to authorize assignment of benefits will require payment in full by cash, check or credit card at the time of service.

### PRE-CERTIFICATION-POLICY

I understand that this Office, Practice/Clinic will assist with insurance precertification requirements, but will not assume responsibility or any impact which it may have on insurance payment.

### RELEASE OF INFORMATION:

The information authorized for release may include information which may be considered a communicable or venereal disease, including hepatitis, syphilis, gonorrhea, HIV & AIDS. I hereby give my permission to Nicholas C. Noah, DPM to administer treatment and to perform such minor operative procedures as may be deemed necessary in the diagnosis and/or treatment of my condition. I understand all of the above and hereby state that the information is correct to the best of my knowledge.

### CERTIFICATION

I hereby certify that I have read each of the above statements, have had each item explained to me to my satisfaction, and have been offered a copy of this Patient Agreement. I further certify that I am the patient or duly authorized by the patient to accept the terms of this Patient Agreement. A photo copy of this document has the same effect as an original.

### ACKNOWLEDGEMENT OF NOTICE OF PRIVACY PRACTICES:

A complete description of how your medical information will be used and disclosed by this Office, Practice/Clinic is in our NOTICE OF PRIVACY PRACTICES, which you have received. A copy is posted in this Office, Practice/Clinic.

**\*I hereby acknowledge receipt of the Notice of Privacy Practices provided to me by Noah Foot and Ankle Center, PLLC.**

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Signature of Patient or Legal Guardian if applicable

Relationship to Patient

Date

Witness

# Noah Foot and Ankle Center, PLLC

## HOUSE RULES

In an effort to provide a safe and healthy environment for the staff, patients, and their families; we ask everyone to refrain from any behaviors that are disruptive or pose a threat to the rights or safety of other patients and staff. Please be patient with the staff, sometimes appointments run behind. Please keep in mind that some patients need extra attention for their unforeseen conditions. Please treat the staff and physician with respect. Any harassing, offensive, or intimidating statements or threats of violence are not tolerated and will lead to immediate dismissal from our practice. We will try to keep you informed as much as possible, and see you as quickly as we can, or reschedule your appointment as soon as possible. Please note the following:

### **LATE APPOINTMENTS**

Please allow yourself time to make your scheduled appointment. If you are going to be a few minutes late, please notify our office. If you are going to be more than 10 minutes late, we will have to reschedule your appointment.

### **MISSED VISIT POLICY**

We ask that you give our office 24 hours' notice if you are **NOT** going to be able to make your appointment. If you do not call or show up for your appointment, it will be documented as a "no show". If you No Show, Cancel, or Reschedule for your appointment **three** times, you will be charged a fee of \$25 per missed visit at which time your account will be locked. Once the \$25 fee has been collected, your account will be unlocked to schedule future appointments.

### **SANITATION**

Our restrooms are for patients only, as our staff works very hard to maintain a clean office for all of our patients. We ask that you please respect and help maintain the cleanliness of our office. Please remember that there are other patients who come in behind you for appointments. Be mindful of things that you may be tracking into the office from outside and do your best to help minimize any risk of infection. Outside germs, debris, and pests can be a large health risk for our patients; therefore, we ask that you limit guests to one support person/caregiver during your appointment. Please also be aware of your personal hygiene when coming to your appointments. Our staff have many supplies that you may need to clean up behind yourself readily available for your convenience.

### **CASH PAYING PATIENTS**

Patients that are uninsured are considered cash paying patients. A payment of at least 60% of your total bill is required in the form of cash, credit card, or check at the time of your visit. Arrangements must be made before leaving to pay the rest of the balance in full. If you cannot pay the rest of the balance at the time of service, a written financial agreement for payment will be arranged with you following your appointment. Our office has no way of knowing prior to the date of service what the actual charge for that day's appointment will be. We can give you an estimated cost, but there is no way of knowing until after you have seen the physician.

### **DELINQUENT BILLS/PAYMENTS**

We understand that sometimes medical bills can be quite expensive and overwhelming. We will work with you in any way that we can to take care of these matters. If the accounts receivable department feels that they have made every effort to assist you and the account is still delinquent, further legal action will be taken. If your account with us is delinquent, we will expect you to make payment arrangements with our accounts receivable department **before** a future appointment can be scheduled.

### **REQUESTING MEDICAL RECORDS/X-RAYS**

If you are requesting any medical records (including x-rays) or paperwork, please allow our office 3 business days to process your request. Paperwork may have a charge associated depending on number of pages and depth of documentation needed. For medical records you will need to sign the appropriate authorization/release forms. Please advise the staff of what records you are needing and who/where they need to be sent. We will **NOT** release x-ray records to anyone except the patient without the appropriate authorization forms. Our office will give you a courtesy call to let you know when your paperwork, records, and x-rays are ready to be picked up. There is a service fee of \$5.00 for an x-ray CD.

### **PRESCRIPTIONS**

We do not call-in medications after hours, on holidays, or on weekends. Medication needs are the responsibility of the patient. If you need your medication **changed**, please call our office and leave a message for the staff stating your request and what pharmacy you use. If you are in need of medication on Friday or over the weekend, please call by Wednesday afternoon. If you need a **refill** on your prescription(s), please call your pharmacy and they will forward the request to our office. Please call your pharmacy to see if your prescription is ready. Our office considers narcotics/pain medication prescriptions on a case-by-case basis. If you are in need of a refill of a controlled substance, you will need to contact our office directly. These requests will be processed as stated in the above paragraph. Please note our office has access to the North Carolina Narcotics Information report that discloses the filling of all narcotics. If the physician feels that any of these reports show misuse and/or guidelines have been violated, we will not continue to write you narcotics/pain medication prescriptions.

### **PHONE CALLS**

Phone calls will be returned within 24 hours, with the exception of Fridays and Holidays. Please leave a detailed voicemail with a good call back number in order to receive a return call.

\_\_\_\_\_ **\*PLEASE INITIAL & DATE THAT YOU HAVE READ AND RECEIVED A COPY OF THE NFA HOUSE RULES (IF REQUESTED)**

# Noah Foot and Ankle Center, PLLC

## MEDICAL RELEASE AUTHORIZATION

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Preferred Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City, ST, Zip: \_\_\_\_\_

**\*Please note a copy fee may be charged for medical records\***

### **For Office Use Only:**

Patient listed above authorizes the following healthcare facility to make record disclosure:

Facility Name: \_\_\_\_\_

Facility Phone: \_\_\_\_\_ Facility Fax: \_\_\_\_\_

Facility Address: \_\_\_\_\_ City, ST, Zip: \_\_\_\_\_

### **Dates and Type of information to disclose:**

- 2 Years prior from date last seen
- Dates other: \_\_\_\_\_
- Specific Information: \_\_\_\_\_

### **The purpose of disclosure is:**

- Change of Insurance or Physician
- Continuation of Care (e.g., VA Med Ctr)
- Referral
- Other: \_\_\_\_\_

**RESTRICTIONS:** Only medical records originated through this healthcare facility will be copied unless otherwise requested.

I understand the information in my health record may include information relating to sexually transmitted disease, acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV). It may also include information about behavioral or mental health services, and treatment for alcohol and drug abuse.

### **This information may be disclosed and used by the following individual or organization:**

Release to: Noah Foot and Ankle Center, PLLC Fax: (910) 399-8690 Phone: (910) 399-8688

Address: 5226 S. College Rd. Suite #4  Please mail records.

City, State, Zip: Wilmington, NC 28412  Please fax records.

I understand I may revoke this authorization at any time. I understand that if I revoke this authorization, I must do so in writing and present my written revocation to the health information management department. I understand that the revocation will not apply to information that has already been released in response to this authorization. I understand that the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy. **Unless otherwise revoked, this authorization will expire 1 year from the date signed.**

I understand that authorizing the disclosure of this health information is voluntary. I can refuse to sign this authorization. I need not sign this form in order to assure treatment. I understand that I may inspect or obtain a copy of the information to be used or disclosed, as provided in CFR 164.524. I understand that any disclosure of information carries with it the potential for an unauthorized redisclosure and the information may not be protected by federal confidentiality rules. If I have questions about disclosure of my health information, I can contact the authorized individual or organization making disclosure.

**I have read the above foregoing Authorization for Release of Information and do hereby acknowledge that I am familiar with and fully understand the terms and conditions of this authorization.**

X \_\_\_\_\_ Date \_\_\_\_\_  
Signature of Patient / Parent / Guardian or Authorized Representative  
(Guardian or Authorized Representative must attach documentation of such status.)

Printed name of Authorized Representative

Relationship / Capacity to patient

Date